



Woolwich Polytechnic
School for Girls



WOOLWICH POLYTECHNIC SCHOOL FOR GIRLS

PolyMAT

FIRST AID & MEDICINE POLICY

Reviewed Annually

Reviewed: September 2021

Approved: December 2021

Due for review: December 2022

FIRST AID AND MEDICINES POLICY

REVIEW PROCEDURES

The First Aid and Medicines Policy for Woolwich Polytechnic School for Girls is to be reviewed annually by the Head of School .

The next review of the Policy Document will be: September 2020

FIRST AID AND MEDICINES POLICY

DISTRIBUTION OF COPIES

Master Copy	Head of School
Copy One	School Nurse / lead first aider
Copy Two	All First Aiders
Copy Three	Staff Room – all staff

The Policy Document will be accessible to parents if requested or deemed necessary

STATEMENT OF INTENT

The Local Academy Committee and Head of School s of Woolwich Polytechnic School believe that ensuring the health and welfare of staff, pupils and visitors is essential to the success of the school.

We are committed to:

- Providing adequate provision for first aid for pupils, staff and visitors.
- Ensuring that pupils with medical needs are fully supported at school.

Procedures for administering medicines and providing first aid are in place and are reviewed regularly.

We will ensure all staff (including supply staff) are aware of this policy and that sufficient trained staff are available to implement the policy and deliver against all individual healthcare plans, including in contingency and emergency situations.

We will also make sure that the School is appropriately insured and that staff are aware

that they are insured to support pupils in this way.

In the event of illness, the pupil will be sent to the medical room with a note from the class teacher. For those students with a known medical problem or a medical note, the School will not prevent pupils from eating, drinking or taking breaks whenever they need to.

The school also has a Control of Infections Policy which may also be relevant and staff should be aware of.

Name: Lizaan Williams Head of School

Arrangements

The School Nurse/ Healthcare Professional

The School will be allocated a school nurse or other suitably qualified healthcare professional; this person will have the lead role in ensuring that pupils with medical conditions are identified and properly supported in schools, including supporting staff on implementing a pupil's Healthcare Plan. The School healthcare professional will work with the Head of School s to determine the training needs of school staff. Suitable cover will be provided in the absence of the school nurse/healthcare professional.

The First Aid Team

The members of staff in the school who trained in First Aid are:

- Ms R Gurney
- Ms R Burrows
- Mr S Carley
- Mr T Leadbetter
- Mrs N Bridge
- Mrs L White
- Mrs L Almond
- Ms L Osbourne
- Ms R Porta
- Mrs P Alamu
- Mr Z Bogulawski
- Mrs Z Hodgson
- Ms A Shadbolt
- Mrs V Kwarifa
- Mrs K Tedder
- Ms D Nash

Trained Staff

The members of staff in the school who are able to administer medicines are:

Rebekka Gurney
Nicola Bridge

First Aid Posts

The first aid posts are located in:

- The School Office

Medication

Pupils' medication is stored in:

- Secure cupboard in the School Office

Staff medication is stored in:

- Individual work areas
- Clearly labelled with name and date
- With the knowledge of the Head of department
- Staff are responsible for the safe disposal of all medical equipment including 'sharps.'

First Aid

In the case of a pupil accident, the procedures are as follows:

- The member of staff on duty calls for a first aider; or if the child can walk, takes him/her to a first aid post and calls for a first aider.
- The first aider administers first aid and records details in the treatment book.
- If the child has had a bump on the head, parents/carers will be phoned and informed
- Students will be given a card for the class teachers following a bump on the head in case they feel ill later
- Full details of the accident are recorded in the accident book
- If the child has to be taken to hospital or the injury is 'work' related then the accident is reported to the Local Academy Committee.
- If the incident is reportable under RIDDOR (*Reporting of Injuries, Diseases & Dangerous Occurrences Regulations 2013*), then as the employer the Local Academy Committee will arrange for this to be done.

School Visits

In the case of a **residential visit**, the residential first aider will administer First Aid. Reports will be completed in accordance with procedures at the Residential Centre. In the case of **day visits** a trained First Aider will carry a travel kit in case of need.

Administering Medicines in School

Prescribed medicines may be administered in school (by a staff member appropriately trained by a healthcare professional) where it is deemed essential. Most prescribed medicines can be taken outside of normal school hours. Wherever possible, the pupil will administer their own medicine, under the supervision of a member of staff. In cases where this is not possible, the staff member will administer the medicine.

If a child refuses to take their medication, staff will accept their decision and inform the parents accordingly.

In all cases, we must have written parental permission outlining the type of medicine, dosage and the time the medicine needs to be given. These forms are available in the school office.

Staff will ensure that records are kept of any medication given.

Non-prescribed medicines may not be taken in school.

Storage/Disposal of Medicines

Children will **not** be allowed to carry their own medicines **apart from asthma inhalers and epi-pens** and will be able to access their medicines in the School office. Pupils' medicine will be stored in the School office and staff will administer medication as required. It is the responsibility of the School to return medicines that are no longer required, to the parent for safe disposal.

Individual asthma inhalers and epi-pens will be held by the school for emergency use when provided by parents and carers. It is the parents/carers responsibility to ensure these are provided and are within date.

Accidents/Illnesses requiring Hospital Treatment

If a child has an incident, which requires urgent or non-urgent hospital treatment, the school will be responsible for calling an ambulance in order for the child to receive treatment. When an ambulance has been arranged, a staff member will stay with the pupil until the parent arrives, or accompany a child taken to hospital by ambulance if required.

Parents will then be informed and arrangements made regarding where they should meet their child. It is vital therefore, that parents provide the school with up-to-date contact names and telephone numbers.

Defibrillators

Defibrillator is located in the Medical Room/Main Office. First aiders are trained in the use of defibrillators.

Pupils with Special Medical Needs – Individual Healthcare Plans

Some pupils have medical conditions that, if not properly managed, could limit their access to education.

These children may be:

- Epileptic
- Asthmatic
- Have severe allergies, which may result in anaphylactic shock
- Diabetic

Such pupils are regarded as having medical needs. Most children with medical needs are able to attend school regularly and, with support from the school, can take part in most

school activities, unless evidence from a clinician/GP states that this is not possible.

The School will consider what reasonable adjustments they might make to enable children with medical needs to participate fully and safely on school visits. A risk assessment will be used to take account of any steps needed to ensure that pupils with medical conditions are included.

The School will not send pupils with medical needs home frequently or create unnecessary barriers to pupils participating in any aspect of school life.

However, school staff may need to take extra care in supervising some activities to make sure that these pupils, and others, are not put at risk.

An individual health care plan can help schools to identify the necessary safety measures to support pupils with medical needs and ensure that they are not put at risk. The School appreciates that pupils with the same medical condition do not necessarily require the same treatment.

Parents/guardians have prime responsibility for their child's health and should provide schools with information about their child's medical condition. Parents, and the pupil if they are mature enough, should give details in conjunction with their child's GP and Paediatrician. The school nurse may also provide additional background information and practical training for school staff.

Procedure that will be followed when the School is first notified of a pupil's medical condition:

- Notify the school nurse.
- Arrange a meeting between the school, parent, school nurse and school first aider.
- Agree a health care plan and put this in place.
- Store medicine appropriately
- Carry out annual reviews or earlier if the child's needs change.

This will be in place in time for the start of the relevant school term for a new pupil starting at the School or no longer than two weeks after a new diagnosis or in the case of a new pupil moving to the School mid-term.

Staff with special medical needs

Staff should inform the School First Aider if they have any officially diagnosed condition and the associated medicine that they need to control this condition. A register will be held in the main school office in case of the need for emergency treatment.

Appendix

Forms

Form 1:	Contacting Emergency Services
Form 2:	Health Care Plan
Form 3:	Parental agreement for school to administer medicine
Form 4:	Record of regular medicine administered to an individual child
Form 5:	Indication for administration of medication during epileptic seizures
Form 5A:	Epileptic seizure chart
Form 6:	Emergency instructions for an allergic reaction - EpiPen®
Form 7:	Medication given in school (note to parent/carer)
Form 8:	Record of staff training

FORM 1

Contacting Emergency Services

Request for an Ambulance

Dial 999, ask for ambulance and be ready with the following information:

1. Your telephone number:

2. Give your location as follows (*insert school address*)

3. State that the postcode is:

4. Give exact location in the school (*insert brief description*)

5. Give your name: _____

6. Give name of child and a brief description of child's symptoms

7. Inform Ambulance Control of the best entrance and state that the crew will be met and taken to the casualty

Speak clearly and slowly and be ready to repeat information if asked

Put a completed copy of this form by the telephone

FORM 2

Health Care Plan

Health Care Plan

School	
Pupil Name & Address	
Date of Birth	
Class	
Medical Diagnosis	
Triggers	
Who Needs To Know About Pupils Condition & What constitutes and Emergency	
Action to Be Taken in Emergency and by whom	
Follow Up Care	
Family Contacts Names Telephone Numbers	
Clinic/Hospital Contacts Name Number	
GP Name Number	

Description of medical needs and signs and symptoms	
Daily Care Requirements	
Who is Responsible for Daily Care	
Transport Arrangements <i>If the pupil has life-threatening condition, specific transport healthcare plans will be carried on vehicles</i>	
School Trip Support/Activities Outside School Hours (e.g. risk assessments, who is responsible in an emergency)	
Form Distributed To	

Date _____

Review date _____

This will be reviewed at least annually or earlier if the child's needs change

Arrangements that will be made in relation to the child travelling to and from School. *If the pupil has life-threatening condition, specific transport healthcare plans will be carried on vehicles*

FORM 3

Parental agreement for ----- School/Academy to administer medicine

(one form to be completed for each medicine)

The school will not give your child medicine unless you complete and sign this form.

Name of child _____

Date of Birth _____/_____/_____

Medical condition or illness _____

Medicine: To be in original container with label as dispensed by pharmacy

Name/type and strength of medicine _____
(as described on the container)

Date commenced _____/_____/_____

Dosage and method _____

Time to be given _____

Special precautions _____

Are there any side effects that the School should know about? _____

Self administration Yes/No (delete as appropriate)

Procedures to take in an emergency _____

Parent/Carer Contact Details:

Name _____

Daytime telephone no. _____

Relationship to child _____

Address _____

I understand that I must deliver the medicine safely to school office

The above information is, to the best of my knowledge, accurate at the time of writing and I give consent to appropriately trained school staff administering medicine in accordance with the school policy. I will inform the school immediately, in writing, if there is any change in dosage or frequency of the medication or if the medicine is stopped.

Parent's signature _____

Print Name _____

Date _____

FORM 4

Record of regular medicine administered to an individual child

Name of school _____

Name of child _____

Date of medicine provided by parent ____/____/____

Group/class/form _____

Name and strength of medicine _____

Quantity returned home and date _____

Dose and time medicine to be given _____

Staff signature _____

Signature of parent _____

Date	___/___/___	___/___/___	___/___/___
Time given	-----	-----	-----
Dose given	-----	-----	-----
Name of member of staff	-----	-----	-----
Staff initials	-----	-----	-----
Observations/comments	-----	-----	-----
Date	___/___/___	___/___/___	___/___/___
Time given	-----	-----	-----
Dose given	-----	-----	-----
Name of member of staff	-----	-----	-----
Staff initials	-----	-----	-----
Observations/comments	-----	-----	-----
Date	___/___/___	___/___/___	___/___/___
Time given	-----	-----	-----
Dose given	-----	-----	-----
Name of member of staff	-----	-----	-----
Staff initials	-----	-----	-----
Observations/comments	-----	-----	-----
Date	___/___/___	___/___/___	___/___/___
Time given	-----	-----	-----
Dose given	-----	-----	-----
Name of member of staff	-----	-----	-----
Staff initials	-----	-----	-----

Observations/comments	-----	-----	-----

Form 4 (continued)

Name of child _____

Name and strength of medicine _____

Dose and time medicine to be given _____

Date	___/___/___	___/___/___	___/___/___
Time given	-----	-----	-----
Dose given	-----	-----	-----
Name of member of staff	-----	-----	-----
Staff initials	-----	-----	-----
Observations/comments	-----	-----	-----
Date	___/___/___	___/___/___	___/___/___
Time given	-----	-----	-----
Dose given	-----	-----	-----
Name of member of staff	-----	-----	-----
Staff initials	-----	-----	-----
Observations/comments	-----	-----	-----
Date	___/___/___	___/___/___	___/___/___
Time given	-----	-----	-----
Dose given	-----	-----	-----
Name of member of staff	-----	-----	-----
Staff initials	-----	-----	-----
Observations/comments	-----	-----	-----

Date	----/----/----	----/----/----	----/----/----
Time given	-----	-----	-----
Dose given	-----	-----	-----
Name of member of staff	-----	-----	-----
Staff initials	-----	-----	-----
Observations/comments	-----	-----	-----
Date	----/----/----	----/----/----	----/----/----
Time given	-----	-----	-----
Dose given	-----	-----	-----
Name of member of staff	-----	-----	-----
Staff initials	-----	-----	-----
Observations/comments	-----	-----	-----
Date	----/----/----	----/----/----	----/----/----
Time given	-----	-----	-----
Dose given	-----	-----	-----
Name of member of staff	-----	-----	-----
Staff initials	-----	-----	-----
Observations/comments	-----	-----	-----

FORM 5

INDICATION FOR ADMINISTRATION OF MEDICATION DURING SEIZURES

Name _____ D.O.B. _____

Initial medication prescribed: _____

Route to be given: _____

Usual presentation of seizures: _____

When to give medication: _____

Usual recovery from seizure: _____

Action to be taken if initial dose not effective: _____

This criterion is agreed with parent's consent. Only staff trained to administer seizure medication will perform this procedure. All seizures requiring treatment in school will be recorded. These criteria will be reviewed annually unless a change of recommendations is instructed sooner.

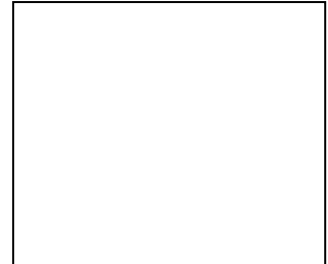
This information will not be locked away to ensure quick and easy access should it be required.

EMERGENCY INSTRUCTIONS FOR AN ALLERGIC REACTION

Child's Name: _____

DOB: _____

Allergic to: _____

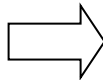


ASSESS THE SITUATION
Send someone to get the emergency kit, which is kept in:

IT IS IMPORTANT TO REALISE THAT THE STAGES DESCRIBED BELOW MAY MERGE INTO EACH OTHER RAPIDLY AS A REACTION DEVELOPS

MILD REACTION

- Generalised itching
- Mild swelling of lips or face
- Feeling unwell/Nausea
- Vomiting

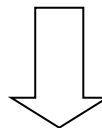


ACTION

- Give _____ (Antihistamine) immediately
- Monitor child until you are happy he/she has returned to normal.

SEVERE REACTION

- Difficulty breathing/choking/coughing
- Severe swelling of lips/eyes/face
- Pale/floppy
- Collapsed/unconscious



ACTIONS

1. Get _____ Auto injector out and send someone to telephone 999 and tell the operator that the child is having an
'ANAPHYLACTIC REACTION'
2. Sit or lay child on floor.
3. Take EpiPen® and remove grey safety cap.
4. Hold EpiPen® approximately 10cm away from outer thigh.
5. Swing and jab black tip of EpiPen® firmly into outer thigh. MAKE SURE A CLICK IS HEARD AND HOLD IN PLACE FOR 10 SECONDS.
6. Remain with the child until ambulance arrives.
7. Place used EpiPen® into container without touching the needle.
8. Contact parent/carer as overleaf.

Emergency Contact Numbers

Mother: _____

Father: _____

Other: _____

Signed Head of School : _____ Print Name: _____

Signed parent/guardian: _____ Print Name: _____

Relationship to child: _____ Date agreed: _____

Signed Pediatrician/GP: _____ Print Name: _____

Care Plan written by: _____ Print Name: _____

Designation: _____

Date of review: _____

Date	Time	Given by (print name)	Observation/evaluation of care	Signed/date/time

Check expiry date of EpiPen® every few months

FORM 7

Medication given in School (note to parent/carer)

Name of school _____

Name of child _____

Group/class/form _____

Medicine given _____

Date and time given _____

Reason _____

Signed by _____

Print Name _____

Designation _____

Useful Contacts

Allergy UK

Allergy Help Line: (01322) 619864
Website: www.allergyfoundation.com

The Anaphylaxis Campaign

Helpline: (01252) 542029
Website: www.anaphylaxis.org.uk and www.allergyinschools.co.uk

Association for Spina Bifida and Hydrocephalus

Tel: (01733) 555988 (9am to 5pm)
Website: www.asbah.org

Asthma UK (formerly the National Asthma Campaign)

Adviceline: 08457 01 02 03 (Mon-Fri 9am to 5pm)
Website: www.asthma.org.uk

Council for Disabled Children

Tel: (020) 7843 1900
Website: www.ncb.org.uk/cdc

Contact a Family

Helpline: 0808 808 3555
Website: www.cafamily.org.uk

Cystic Fibrosis Trust

Tel: (020) 8464 7211 (Out of hours: (020) 8464 0623)
Website: www.cftrust.org.uk

Diabetes UK

Careline: 0845 1202960 (Weekdays 9am to 5pm)
Website: www.diabetes.org.uk

Department for Education and Skills

Tel: 0870 000 2288
Website: www.dfes.gov.uk

Department of Health

Tel: (020) 7210 4850
Website: www.dh.gov.uk

Equality and Human Rights Commission

Helpline: 0808 800 0082
Textphone: 0808 800 0084
Website: www.equalityhumanrights.com

Epilepsy Action

Freephone Helpline: 0808 800 5050 (Monday – Thursday 9am to 4.30pm, Friday 9am to 4pm)
Website: www.epilepsy.org.uk

Health and Safety Executive (HSE)

HSE Infoline: 08701 545500 (Mon-Fri 8am-6pm)
Website: www.hse.gov.uk

Health Education Trust

Tel: (01789) 773915
Website: www.healthedtrust.com

Hyperactive Children's Support Group

Tel: (01243) 551313
Website: www.hacsg.org.uk

MENCAP

Telephone: (020) 7454 0454
Website: www.mencap.org.uk

National Eczema Society

Helpline: 0870 241 3604 (Mon-Fri 8am to 8pm)
Website: www.eczema.org

National Society for Epilepsy

Helpline: (01494) 601400 (Mon-Fri 10am to 4pm)
Website: www.epilepsynse.org.uk

Psoriasis Association

Tel: 0845 676 0076 (Mon-Thurs 9.15am to 4.45pm Fri 9.15am to 16.15pm)
Website: www.psoriasis-association.org.uk/